

*Pre-Conference*



May 2nd 2024 -Rodd Royalty - 8:30 am



# *Pre-Conference* PRICING

Members Attending the Spring Conference:

\$50.00 + tax\*

Members Not attending the Spring

Conference: \$100.00 + tax\*

Non-Members: \$125.00 + tax\*

\*Payment is due in full prior to attending.

# *Pre-Conference* SCHEDULE

- 8:30 - 10:00 Session begins
- 10:00 - 10:30 Break
- 10:30 - 12:00 Session continues
- 12:00 - 1:00 Lunch
- 1:00 - 3:00 Session Continues

# WELCOME

The ECDA Team and Board are proud to present your 2024 Spring Conference-- Leading with Inclusion! Every child, family, and educator deserves a space that honours who they are, and the individual journey they are on. That is what this year's ECDA Spring Conference Leading with Inclusion will focus on-- a lens of inclusion and how we can all be leaders and holistically honour each child that comes into our environments.

As we embark on our 50th Anniversary Year, we aim to highlight one of the fundamental rights of children – the right to inclusion and a nurturing environment for growth. Join us on this journey and discover helpful tips and tricks to kickstart your Spring season in the best way possible!

While there is much to learn, this event isn't all about serious topics. We'll sprinkle in some lighthearted fun to keep the atmosphere lively. Plus, we're excited to bring back beloved facilitators and introduce fresh faces to make our event even more engaging!

We can't wait to greet you for this amazing event!

# THANK YOU

A big shoutout to all the amazing contributors, sponsors, volunteers, and attendees! You guys are the real MVPs who make this event sparkle like glitter. Your dedication, generosity, and time are essential to supporting such an event!

We're thrilled to have had you with us, crafting this conference just for you, our members. May you soak up wisdom to supercharge your skills and leave with a skip in your step. Most of all, we hope you walk away with a fire in your belly and a heart full of passion for what you do. Thank you from the bottom of our hearts! ❤️

*"What we know matters, but who we are matter more."  
Brene Brown*

# REMINDERS

While we love to watch children run and play, this is an adults only kind of day. However, you are welcome to bring infants under 9 months.

We hope you will understand our decision to make the conference children-free, and take the opportunity to learn and network care-free!

To ensure a safe and respectful environment please be considerate of the following guidelines during the conference:

- Be respectful and polite
- Practice active listening
- No chatting; Save the networking convos for the breaks, etc.
- Cell phones on silent during the sessions
- Scent Free spaces
- NUT FREE FACILITY

## LOCATION

The **Pre- Conference** is being hosted at The Rodd Royalty, located at 14 Capital Dr, Charlottetown, PE C1A 8C2



*"When Everyone  
is included,  
everyone wins!"  
Jesse Jackson*

# SESSION

---

## Nurturing Healthy Teams

### Restoring stability, preventing burnout and helping staff thrive

Around the globe, employees and leaders are trying to figure out how to revive and thrive while still adjusting after a time of uncertainty. Staff continue to feel wired and tired while trying to fully show up, care for others, do great work and get along. More than ever, understanding psychological health and safety as a leader is foundational to workplace well-being, recruitment, retention and flourishing at work. Together, let's dive into key psychosocial factors for leadership attention, especially now. We'll explore how to integrate these into our daily interactions in support of employee well-being (including your own), engagement and overall team resilience.

This session is perfect for formal and informal leaders in childcare. Let's make sense of what's happening in our bodies, in your centres and the shared responsibility of what you can do next!

In this interactive and dynamic leadership training, participants will learn:

- Signs & symptoms - how burnout can present in individuals & in teams
- Factors that contribute to positive team dynamics that are within the leaders control
- Daily actions for restoring stability, resilience and hope while preventing further burnout across your centre
- How to nurture yourself, find your own boundaries to lead on and not burnout
- Communicating with & supporting an employee that is struggling and you don't know why
- What to do as a leader if you are weary while trying to help staff revive & thrive

*Your*

# FACILITATOR

---

## Shannon Gander, BPE, CAC, CM Global Speaker

Shannon Gander is the Founder and Director of Life Work Wellness, a company that empowers individuals and workplaces to achieve their goals for better mental health. As a skilled trainer, counselor, and mediator she has been consulting with individuals, workplaces and teams for over 25 years.

Having spent her career in the health profession, Shannon understands what it's like to work on the edge of burnout. She has also worked with multiple clients whose stress has impacted their ability to work and has contributed to short and long-term disability. Shannon is highly motivated to prevent this by equipping individuals and teams with skills for thriving through stress and preventing burnout. She also demonstrates how everyone can contribute to healthy organizational culture for better health, engagement and safety at work.

Shannon's dynamic background in counselling and workplace interventions help her to bring mental wellness topics to life in a way that is both captivating and authentic. She leaves participants with portable skills and practical strategies to apply right away from the boardroom, classroom, to the kitchen table.

When not presenting, Shannon works in her private counselling practice in Winnipeg, Manitoba.



*Meet*

# OUR TEAM



Jennifer Nangreaves (she/her)

Executive Director

Jenn has been serving as the Executive Director at ECDA since March 2020. She brings with her a rich background in the Early Learning and Childcare Sector in both PEI and Alberta, uniquely positioning her to lead the organization. Her professional experience is complemented by her warm personality, making her an invaluable asset to our team. Although originally from the Valley, Jenn is now residing in Hazelbrook with her furry companion, Molly.



Megan McPhee (she/her)

Professional Learning and Operations Manager

Megan has been with the ECDA team since November 2019. Before that, she was busy creating magical moments and beautiful chaos with young children. While Megan is no longer working directly with children, she is still committed to making a positive impact on their lives. As a member of the ECDA team, she works hard to support early childhood educators in their important work. She believes that investing in the early years of a child's life is crucial for their future success and well-being. As a true Island girl at heart, she now lives in the countryside with her partner and their crew of six furry friends.



Raquel Anderson (she/her)

Office Administrator

Raquel joined the ECDA in September 2023, bringing with her over 12 years of experience in office management and customer service. She holds a Diploma in Management Studies and is a Certified Professional Secretary. Raquel is passionate about refining organizational systems and connecting with people. When not at work, Raquel is a devoted mother of six boys and a girl. She enjoys giving back to her community, baking delicious treats, and entertaining guests, particularly during festive occasions.

# OUR TEAM

*Meet*

## Julian Taylor (he/him)

Marketing and Communications Manager

Meet Julian Taylor: a marketing guru, event extraordinaire, and pro photographer hailing from Charlottetown, PEI. Julian's been crushing it as the Marketing and Communications Manager at ECDA since October 2022. When he's not busy being a superstar at work, you can find him hanging out with his lovely wife, Jennifer, and their two awesome kids, Peyton Eve (5) and Lachlan Apollo (3), who attend an amazing Early Years Centre in Charlottetown.



## Megan Drummond (she/her)

Special Projects Coordinator

Megan Drummond joined the ECDA team in November 2020 as the Special Projects Coordinator. Her primary responsibility is leading the Steps to Success initiative, an innovative educational pathway to become an Early Childhood Educator. Prior to joining ECDA, Megan spent several years actively engaging and learning with children. Fun fact, Megan currently resides on a Christmas tree farm with her husband and two beautiful children.



## Sara MacDougall (she/her)

Handle with Care Coordinator

Sara joined the ECDA family as the Handle with Care Coordinator in January 2023. With a wealth of experience empowering children and families, Sara has been an active member of the Handle with Care team since 2014. Interestingly, her journey began as a parent, and she was immediately drawn to the cause.







## Jay Baglolo (they/them)

Pyramid Model Coordinator

Jay joined the ECDA team in September 2022. Jay is leading the way on our Pyramid to Retention project, bringing with them 14 years of teaching experience in Early Learning classrooms. Jay recently completed their Bachelor of Education in Early Childhood at UNB!



## Erin Smith (she/her)

Pyramid Model Mentor

The ECDA welcomed Erin to the team in September of 2022. Before joining the team Erin spent more than 16 years positively influencing the lives of children and families in a variety of roles. Erin is currently finishing up her degree in Child and Youth Studies at MSVU.



## Annie Lougheed (she/her)

Pyramid Model Mentor

Annie joined us in March 2023. With her background in educating both kiddos and grown-ups alike, she brings a wealth of knowledge to the table. Originally from Alberta, she ran her own centre before settling down in Charlottetown with her partner and two little ones.



## Krutika Desai

Associate Professional Learning Coordinator

KKrutika is the ECDA's newest team member, having joined in March 2024! Krutika was a kindergarten teacher for 8 years in her home country India. Being in the company of friends and family, a pretty snowy day and a cup of good ol' warm Indian Masala Chai are her instant harbingers of smile! She now lives in Charlottetown, PEI and has fallen in love with the island life.

# OUR TEAM

A handwritten signature in cursive script, likely belonging to a team member, located on the right side of the page.

*Spring Conference*

# ACCOMODATIONS

---

Rodd Hotels & Resorts are pleased to provide a special accommodations rate for conference delegates attending the 2024 ECDA Spring Conference: Leading with Inclusion

## Rodd Royalty – 14 Capital Drive

Rates starting at \$137 for a Standard Single Room, plus taxes, per night, based on single/double occupancy, rates offer based on availability at time of booking.

The hotel offers complimentary breakfast, parking and Wi-Fi.

## Rodd Charlottetown – 75 Kent Street

Rates starting at \$174 for a Standard Room, plus taxes, per night, based on single/double occupancy, rates offer based on availability at time of booking.

The hotel offers a full-service restaurant, complimentary parking and Wi-Fi.

For Reservations, please call 1-800-565-7633 and request the Early Childhood Development Association rate offer at the preferred hotel and for the dates required, or book online with the following links:

Rodd Charlottetown: <https://reservations.travelclick.com/85516?RatePlanId=8667893>

Rodd Royalty: <https://reservations.travelclick.com/85522?RatePlanId=8667923>



See you  
May 2nd!

*let's get in touch*



[info@ecdaofpei.ca](mailto:info@ecdaofpei.ca)



(902)-368-1866



[www.ecdaofpei.ca](http://www.ecdaofpei.ca)