



2021 Fall PD Calendar



Aubin-Arsenault Building,
3 Brighton Road
Charlottetown PEI,
C1A 8T6



Table of Contents

Session:	Facilitator:	Date:	Page #:
Meetings	ECDA	Various	5
AGM	ECDA	September 18 th	6
Understanding Challenging Behaviors in Children	Chelsey Brodrick	September 18 th	7
“Baby Talk”-- Encouraging Language Development with Infants and Toddlers	Nancy Tovell	September 29 th	8
Flipping the Script on Challenging Behaviors	Nicole Macrae	October 7 th	9
First Aid Training	Blythe Murray	October 16 th	10
Responsive Feeding Practices	Misty Rossiter	October 20 th	11
2021 Fall Conference– Be the Leader you Would Follow	Various Facilitators	November 12 th and 15 th	12
The Bullying Project	Melinda Walden	November 30 th	13
Colouring Outside the Lines	Nancy Tovell	December 8 th	14



- Please click on the zoom link 5 – 10 mins before the workshop begins. This will ensure you are connected and ready to go when we begin.
- If it is a meeting format, to ensure that we know participants are there and for workshop engagement **we ask that participant's video is on during the entire workshop.**
- Upon entering the workshop everyone will be muted to minimize background sounds. If you wish to make a comment or ask a question you can unmute yourself or comment in the chat feature.
- Please try to name the device you are using so that we can check you off on the attendance. We don't know who you are if it just says iPhone 10 or iPad and we want to make sure we have checked you off as attending. **We will not honor follow up emails saying you were there if your name did not appear in the participant list**
- After the workshop you will be sent a link to complete a workshop evaluation using Survey Monkey, we ask that you please fill this out as it helps us grow our opportunities it also helps facilitators continue to grow and learn.
- If for any reason we cannot identify who you are, we will need to remove you from the workshop and unfortunately will not be let back into the workshop and will not receive hours.
- If you are not present for the entire workshop you will not receive PD hours for the session.
- If at any point participants do not respond or are not moving into breakout rooms when the time comes, they will be removed from the session and will not receive any hours.
- The zoom link we send you is only for you. It should not be shared, and other people should not be listening to the workshop with you who have not registered.

Supervisors Network Meeting

The Supervisors Network Meeting gathers on the third Wednesday of each month from 9:30 am - 12:00 pm. This network is open to all supervisors, directors, and administrators of licensed early learning and childcare programs. **Please note that registration is now necessary for all network meetings!**

The intention of the group is to encourage open dialogue and knowledge exchange to enhance quality practices, such as human resource practices and policies, pedagogy, and leadership.

If you have any questions about the Supervisors Network, please contact Jennifer Nangreaves via email at Jennifer.nangreaves@ecdaofpei.ca or call her at 902-368-0070.

Dates: September 15th, October 20th, November 17th, December 8th, January 19th



ECDA AGM 2021

September 18th 2021

9:30-11:45 am

Credit Union Place, Summerside

The Early Childhood Development Association of PEI would like to invite members to attend our Annual General Meeting on Saturday, September 18th at the Credit Union Place in Summerside. There is a complimentary breakfast being served at 9:30 am with a meeting to follow from 10:00 am – 11:45. The AGM is FREE to attend, so bring your appetite and join us as we catch up on the past year and what is yet to come!

The AGM allows our members a means to make changes to the way the ECDA does business. It is the opportunity to table a recommendation from the floor or to draw attention to an issue you wish to bring to the Board of Directors to consider. By having your voice heard, it is your time to really be involved in the operations and direction of your organization.

Voting is open to those who have a current Professional or Lifetime membership with the ECDA. (Voting members can send a proxy voting card with a colleague if they are unable to attend).

Please click here for the Proxy form →

[Click Here](#)



Early
Childhood
Development
ASSOCIATION of PEI

Understanding Challenging Behaviors in Children

September 18th 2021

8:30-11:00 am

Credit Union Place, Summerside

Challenging Behaviors! Behavioral Kid! Hard to handle! A Handful!

There are a variety of commonly used terms that we use to identify children in our learning environments that are behaving and communicating in ways that we find hard to understand, many times disruptive, and non-adaptive. These general terms help us to label a behavior that we haven't fully understood, making it very hard for us to teach a student how to behave differently. In this session we will explore functions of behavior (what is driving it), form of behavior (what does it look like- lagging skills, under developed skill), and how understanding children's behavior is the first step in creating a plan to change it! Understanding behaviors will not only help us in shifting how we communicate with a kiddo who is engaged in challenging behaviors, but will also help us modify our learning environment to support all children in our space.



Chelsey Broderick is the Behavior Intervention Consultant with the Public School Branch of Prince Edward Island. In her role she supports behavior management provincially at all 56 schools in the English Language School District. She has worked in a variety of roles with the Department of Education and PSB, and the core focus of these professional experiences has been identifying and understanding challenging behaviors in children, and helping educators with strategies to support their learning environments. Chelsey lives in Cornwall, PEI with her husband Omar, their two children, Max and Mila, and their fur baby Charlie. She is focused on connection with students, prevention/ early intervention as a crucial component to success for kiddos, and creating environments where cool cats and kittens can really shine.



“Baby Talk” -- Encouraging Language Development with Infants and Toddlers with Nancy Tovell (Bookmates)

September 29th, 2021
6:30 -8:30



This online workshop focuses on how we can support children’s language development in the early years. Included will be practical, interactive strategies to help children engage and communicate with their caregivers. Some of the topics covered will be:



- Children’s conversational styles
- The roles caregivers play
- Knowing how and why children communicate and how we can more effectively support them
- Strategies we can use to encourage interaction and conversation
- How to use rhymes and stories to help build emergent literacy skills
- Ways of supporting families as partners in building language skills

Bookmates is a Manitoba based not-for-profit organization, established in 1984 with a mission to develop and deliver early years programs and training to build and support the foundations of literacy and learning. We are regularly invited to present at conferences and workshops to share our expertise. Our history of developing and delivering accessible, relevant early years literacy training and programs enables us to successfully address emerging needs and topics with our services.

Nancy Tovell is the Program Coordinator at Bookmates. She has a wide range of experience in facilitating workshops with a focus on sharing strategies, tools and resources to support those working with families and young children. She graduated from the University of Manitoba with a Bachelor of Commerce (Honours) degree and has been at Bookmates since 2014.

Flipping the Script on Challenging Behaviors with Nicole MacRae

October 7th, 2021
6:00 -8:00 PM
Location TBD

This workshop aims to provide new and innovative understanding for why children struggle with severe and challenging behaviors, including emotional dysregulation. It also will provide over 30 evidence-based, creative, child-focused strategies and interventions to support children who are struggling with severe and challenging behaviors. The workshop will utilize real-life case examples and scenarios (*some details will be altered to ensure client confidentiality), interactive small and large group discussions as well as some hands on activities to ensure your learning experience is both supportive. and practical, to your professional development goals.

Nicole MacRae is a Clinical Social Worker and Certified Trauma Therapist. She is the owner of Oak and Cedar Counselling Services and provides trauma-informed and compassion-focused therapy to Children, Adolescents, Parents and Adults, in particular in the area of Trauma, Grief and Loss and Perinatal Mental Health. As it relates to Children, Nicole has her certification in EMDR, along with extensive training in Art and Play Therapy, Attachment-Focused Parenting and Education, and Child Development - including the Impacts of Adverse Childhood Experiences on the developing child. In addition to therapy, Nicole frequently provides consultation and education services to Teachers, Early Childhood Educators, Educational Assistants and Schools to better understand and support children who are struggling with challenging and severe emotional and behavioral needs.



First Aid Training with Blythe Murray

October 16th, 2020

9:00 am – 3:00 pm

Sport PEI, 40 Enman Crescent, Room 125

We are offering first aid training with Blythe Murray from CPR First Aid and Safety Services. This training will cover CPRC, First Aid and AED training.

Please be advised-- there is a minimum number of 10 to have the training and the training is capped at 20!

No PD hours are associated with this training.



Workshops and Training sessions begin promptly at the indicated time. Please arrive early enough to be settled and ready to learn!



Responsive Feeding Practices: Misty Rossiter

October 20th , 2021

6:30 -8:00

Location TBD

This session will explore feeding practices that encourage children to eat autonomously and in response to hunger and fullness, which encourages self-regulation in eating. Promoting responsive feeding is a way for educators to support children with their ability to develop healthy eating habits, appropriate food intake and self-regulation which is linked with their cognitive, emotional, and social development.

Misty Rossiter is a Registered Dietitian and an Associate Professor in the Department of Applied Human Sciences at the University of Prince Edward Island. Misty is interested in early childhood development with a particular focus on responsive feeding practices and healthy eating environments.

Misty has published literature and given presentations across Canada on responsive feeding practices during the early years. Her current research program is highlighting collaborative work between educators, families, academics, and policy makers in the Maritime Provinces to utilize the revised Canada's Food Guide and to promote responsive feeding environments in early childhood settings. Her work aims to support educators, families and children who struggle with mealtime feeding and to encourage early learning environments that foster a healthy relationship with food for all children.



Fall Conference: Be the Leader you Would Follow

November 12th and 15th, 2021



We are excited to invite you to our 10th annual Fall Conference, which will be held on November 12th and 15th. We will be utilizing the Whova event platform for this exciting opportunity, and hope to have some added content and engagement, rest assured the links will still be Zoom so you are familiar with it already 😊.

We are excited to announce-- Pam Boulton, Cindy Blackstock, Dr. Jody Carrington, and Susan MacDonald as our keynote speakers. We are pleased to offer Francophone simultaneous translation services for the keynote sessions.

We also have a very exciting lineup of breakout sessions for participants to choose from.



The Bullying Project: How to Stop Aggression and Foster Healthy Relationships - Melinda Walden

November 30th, 2021
6:00 -8:00 p.m
Online



For Early Childhood Educators, addressing children’s challenging behaviours can be an overwhelming part of our job, and sometimes we feel like we are not equipped to handle them. This is particularly the case when there are children who display aggressive behaviours or those who cannot be assertive and stand up for themselves. We tend to label these two groups of children as ‘bullies’ or ‘victims;’ however, this only adds to the problem of addressing challenging behaviours. How do we eliminate these labels and instead talk about how to foster healthy relationships among children?

In this workshop, we will explore:

- What is a ‘healthy’ relationship?
- What is bullying?
- What are some suggestions for dealing with aggressive behaviour in children?
- What we can do to help children gain the social skills needed to be in a healthy relationship?

By the end of this workshop, you will be able to recognize if our society has a bullying problem or we need to work on fostering healthy relationships.

Melinda Walden has been in the Early Childhood Education field for 20 years. She has been a front line ECE in a variety of child care settings, including preschool, school age, and nursery centres, with experience in infant and family child care as well. Currently, Melinda is an ECE Instructor in the Workplace Program at Red River College in Winnipeg. Every chance she gets, she shares her passion about the kinds of play that are usually restricted by adults and proudly applies her knowledge with her two young sons. As a mother she sees the value that comes with entrusting her sons to take risks and gain knowledge about the things they are interested in: “Without risk there is no learning.” (Carl Rodgers)

Colouring Outside the Lines with Nancy Tovell-- Bookmates

December 8th, 2021

6:00 -8:00

Online



This literacy framed workshop will explore the concept that creativity is a bridge to learning and an important part of a young child's development. It is designed to share practical skills, tips, and resources for how early learning educators can engage children with open-ended process art activities to extend literacy concepts.

Content includes:

- Discussing the difference between arts and crafts
- Exploring how art supports healthy child development
- Sharing how literacy and language skills are developed through art
- Providing hands-on literacy activities connected to art



Bookmates is a Manitoba based not-for-profit organization, established in 1984 with a mission to develop and deliver early years programs and training to build and support the foundations of literacy and learning. We are regularly invited to present at conferences and workshops to share our expertise. Our history of developing and delivering accessible, relevant early years literacy training and programs enables us to successfully address emerging needs and topics with our services.



Nancy Tovell is the Program Coordinator at Bookmates. She has a wide range of experience in facilitating workshops with a focus on sharing strategies, tools and resources to support those working with families and young children. She graduated from the University of Manitoba with a Bachelor of Commerce (Honours) degree and has been at Bookmates since 2014.

Workshops begin promptly at the indicated time. Please click on the zoom link 5 – 10 mins before the workshop begins. This will ensure you are connected and ready to go when we begin the workshop.

If you miss more than 10 minutes of a session you will not receive your professional development hours

