



# Fall 2020 PD Calendar



Aubin-Arsenault Building  
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Charlottetown PEI,  
C1A 8T6





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Join us once a month as we delve into an article each month. We will explore topics new and old pertaining to early learning and childcare throughout the year. Participants will be given the opportunity to submit additional articles to share that are related to the original topic, and together we will reinvigorate our passions and delve into topics near and dear to our practice.



## Supervisors Network Meeting

The Supervisors Network Meeting gathers on the third Wednesday of each month from 9:30 am - 12:00 pm. This network is open to all supervisors, directors, and administrators of licensed early learning and child care programs. **Please note that registration is now necessary for all network meetings!**

The intention of the group is to encourage open dialogue and knowledge exchange to enhance quality practices, such as human resource practices and policies, pedagogy, and leadership.



**If you have any questions about the Supervisors Network, please contact Sonya Hooper via email at [s.hooper@ecdaofpei.ca](mailto:s.hooper@ecdaofpei.ca) or call her at 902-368-0070.**

**Dates: September 16<sup>th</sup>, October 21<sup>st</sup>, December 2<sup>nd</sup>, February 17<sup>th</sup>, March 24<sup>h</sup>, April 21<sup>st</sup>, May 19<sup>th</sup>, June 9<sup>th</sup>**

## ECE Network Meeting

The ECDA is excited to host these open door meetings that welcome anyone working as a front line educator. ECE Network is a great opportunity to learn and share with other educators best practices, project ideas, time management strategies, even self care ideas! We would love to welcome at least one ECE from every Island centre to the network, and we realize some meeting dates will work better than others - so come when you can!

**Please note that registration is now necessary for all network meetings!**

The intention of the group is to encourage open dialogue and knowledge exchange to enhance quality practices, such as human resource practices and policies, pedagogy, and leadership. These will be every second month, beginning in October.. Watch for an announcement!



# Online Series: Finding Our Way to a New Normal Through Professional Practice

The changes that Covid-19 has brought to the world, and to our own practice has been vast and far reaching. We've all faced changes and had to pivot continuously. This series will focus on some of the changes we have had to undertake and how to manage these changes into the future.

The series will occur on four consecutive Thursdays and it will focus on how to apply professional knowledge and practices to rise us above all that Covid-19 has placed in our paths. Participants will explore how to balance, manage and grow from these changes; be inspired to bring curiosity and adventure into your programs, and reflect on your role as a professional educator during these changing times. Participants will begin to define what it means to settle back into a routine of professional practice through discussion and reflection on one's role as a professional educator- while also balancing the added responsibilities that come with Covid-19.

Participants will complete this series with:

- More confidence to return to their professional practices
- Be inspired to consider new practices and to support their co-workers to do the same
- Be excited to get back to delivering quality early learning programs that focus on play and adventure without breaking the rules

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## Session One- August 27<sup>th</sup> 6:30-8:00

### The Benefit of the Mix: Exploring Mixed Age Grouping with Lisa Murphy

Although children are not born in litters, we seem to insist they be educated in them- Lillian Katz

Join Lisa Murphy for an interactive exploration of the many social and intellectual benefits of mixed age groupings in early childhood programs. Tapping into the historical work of Lillian Katz and the more modern work of Peter Gray, Lisa will give an overview of the benefits and will share success stories. During the session there will also be time to discuss potential challenges or concerns regarding "the mix" as well as opportunities to brainstorm strategies for the successful creation of a mixed age setting.



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## Session Two – September 3<sup>rd</sup> 6:30-8:00

### Play in the time of Covid-19 with Dr. Christine McLean

During this workshop, we will revisit what it means for children to play and be playful and what the role of the educator is in promoting and facilitating play at a time when it seems like everything is turned upside down. Participants will be asked to share their own ideas, thoughts, and concerns about playing during a pandemic and together we will examine the factors to be considered when promoting a healthy play environment.

# Online Series: Finding Our Way to a New Normal Through Professional Practice (Continued)

**Session Three: September 10<sup>th</sup> , 6:30-8:00PM**

**Strategies For Creating A Cohesive Team Culture with Julie Hansen**

As we embark on a new normal amidst Covid-19 in childcare programs, we look for effective ways to establish strategies that support a cohesive team culture within early childhood settings. Gain a clear understanding of each team members' communications style, create individual and program goals, and develop a team mission statement. Learning the importance of setting aside time to connect with each team member to support their daily practice. Understand the power of reflection and the importance of acknowledging team effort on a regular basis. These are all effective management strategies that support teamwork. With self -reflection built into the session, educators and directors alike will walk away with tools to implement into their practice and creative ways to support and motivate one another.



**Session Four – September 17<sup>th</sup> 6:30-8:00**

**Care and Professional Practice With Elizabeth Hicks**



There is so much to think about... and we must not forget our values and vision!

We are doing great at looking after our health and bodies, now it is time to feed our hearts and souls, as well as the children's and families! How do we do this? By tapping into our beliefs about how children learn; by observing and providing exploration and play opportunities; and then by making learning visible.

We will reflect on the why's of observing, and listening closely to all aspects of children's lives with us; and examine simple ways to produce pedagogical documentation during these busy times.



# Handle with Care Facilitator Training

September 25<sup>th</sup> and September 26<sup>th</sup>

9: am- 4:30 PM

Location TBD

## Description

**Handle with Care (HWC)** is a national program designed for parents and caregivers to promote mental health (social and emotional well-being) of children and families every day! The spirit of the Handle with Care program is one of celebrating parenting and care giving, recognizing the value of every parent, caregiver, and child. The program uses a strengths-based approach that assumes every parent and caregiver has problem-solving skills, potential resources, and wants what's best for the children in their lives.

[Handle with Care \(HWC\)](#) is a simple, culturally-relevant interactive parenting program, designed for parents and caregivers, to promote the mental health of young children from birth to 6 years and their families. Handle with Care is designed to reduce inequities and build on individuals' strengths, traditions, and knowledge.

## Facilitator

**Alice Taylor** has been one of the driving forces behind the HWC and the positive difference it can make. Not only in the lives of the children and parents we reach through HWC but in our own lives on a day-to-day basis.

## Forms

Please fill out the Registration Form and the Background Form and return them to the ECDA before beginning the sessions.

[Registration Form](#)

[Background Form](#)



# Supervisors Session: Journey to Engagement with Eddie LeMoine

September 30<sup>h</sup>, 2020  
9:30-11:00 am  
Online

**Eddie's training session will be divided into two parts:**

**Part One:**

Eddie will start the training with highlights from his bestselling book, "Bring About What You Think About."

In this inspirational presentation, you will discover:

- The one statement that can have a profound impact on your future
- The importance of emotions on your goal setting
- Three steps to setting goals that stick
- Two ways to accelerate your success

You are facing unique challenges, and during this part of the presentation, you will discover some tips to help you become more successful and happy both at work and at home.

**Part Two:**

To say we are in unprecedented times would be an understatement. Five generations in the workplace, a multicultural environment and aging population leaders have their work cut out for them. Add to this a worldwide pandemic. It takes a different style of leadership to be successful! Join Eddie as he walks you through a "Journey To Engagement." You will discover trends in the Canadian job market that will have a deep-felt impact on what the future will look like in the workplace.

In this portion, you will discover:

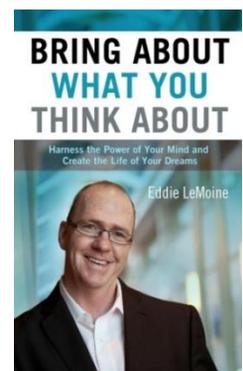
- The definition of employee engagement and the effect it has on every aspect of leadership.
- The population trends that will change the way we manage and communicate with staff and clients.
- Reasons why employees join, stay or leave the place of employment.
- The three steps that will close the employee engagement gap.

Eddie LeMoine is a Canadian-born best-selling author, award-winning speaker, seminar leader and corporate trainer. He is a sought-after resource for both government and corporate clients. Eddie's unprecedented success is based on his powerful ability to close the gap between business results and personal development. He inspires greatness by awakening the talent in each individual.

Not only a successful professional speaker, his career experience as a seasoned business executive quickly builds credibility for his topics as he can personally relate business success stories and lessons learned throughout his 35 plus years of experience.

Eddie LeMoine is an authority on changing demographics, diversity, performance development and productivity improvement. He specializes in leadership, employee engagement, employee attraction/retention and the psychology of success.

The first 50 registrants will receive a signed copy of Eddie's book as well as the corresponding online training valued at \$199.!



# Word Choice Matters: Growth Mindset in the Early Years– Karen Begley

October 6th 2020

6:30- 8:30 pm

Online

The language we use with children reflects the values and beliefs we hold. Children mirror our language. The way we speak impacts the way we think. When we use the intentional language of possibility and growth, children and staff have the ability to strengthen their mindset, confidence, and social-emotional development. In this interactive session, Karen shares research and strategies to support staff in empowering young learners through shifting mindset and language. We discuss and practice strategies, activities, and key phrases that strengthen a growth mindset. Participants will leave feeling empowered, excited, and with concrete ideas to act on right away in their practice.

Karen Begley is an educational consultant from B.C who works with educators, families, and organizations, to align care and learning practices with the values of the community, families, and organizations. She is a strong advocate of child-led learning, learning through play, and place-based programming. Karen's background includes 20 years of working with children of all ages and their families in place-based outdoor education and arts-based programming, 10 years of teaching elementary school, and 6 years of facilitation.

Karen holds a B.Ed. with a specialization in ECE, a B.A. in History (focusing on the social history of education), and a post-graduate diploma in Teacher Librarianship where she focused on early literacy experiences, all from the University of British Columbia. She has extensively studied the Reggio Emilia Approach and Place-based learning principles in her formal education and professional development experiences and uses these as the foundation of all her programs

## The Art of Cooking with Kids – Janis MacKay, RD

October 10th 2020

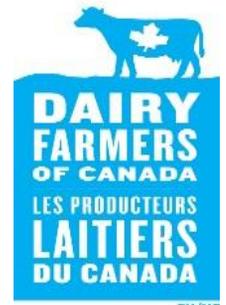
9-12pm

Location TBD

Dairy Farmers of Canada is proud to be able to offer a comprehensive 3-hour workshop to Early Childhood Educators about nutrition for children. The objective of this program is to develop or enhance food literacy so it can then be developed in children by:

- Learning about our resources and tools for ECEs.
- Completing 2 recipes – a role play activity.
- Learning about the basic nutrition needs of children.
- Learning about childhood eating and feeding.

A wonderful cookbook will also be given out to each participating child care centre.



Janis MacKay is a Registered Dietitian with Dairy Farmers of Canada. Her role within Dairy Farmers is Provincial Project Manager, Nutrition – Health Education (PEI). She graduated from UPEI in 2004 and has been working with DFC since 2007. She has a keen interest in infant and childhood nutrition and finds this a very rewarding area to work in. When she is not presenting about nutrition or doing farm tours on dairy farms, her time is devoted to program and resource development within DFC. She grew up in Beach Point, PEI and currently lives in Alexandra with her husband, 4 kids and 2 cats.

# First Aid Training: Blythe Murray

October 3rd, 2020  
9:00 am – 3:00 pm  
Sport PEI, 40 Enman Crescent, Room 125

October 17<sup>th</sup>, 2020  
9:00 am – 3:00 pm  
Brackley Commons

We are offering first aid training with Blythe Murray from the CPR First Aid and Safety Services. This training will cover CPRC, First Aid and AED training.

**Please be advised-- there is a minimum number of 10 to have the training and the training is capped at 14!**

**No PD hours are associated with this training.**



## Mental Health in the Workplace– Les Wagner

October 15<sup>th</sup>, 2020  
6:30- 8:30 PM  
Location TBD



Canadian Mental  
Health Association

The presentation will focus on mental health in the workplace. It will look at recognizing the signs of depression and anxiety disorder, how to maintain your mental health and how to deal with stress and compassion fatigue. Additionally it will look at how to help yourself and others, and resources that are available locally.

Les Wagner is the Regional Director for CMHA Prince County, and has been with Canadian Mental Health Association for 27 years. He has a B.A. from UPEI in Sociology. He oversees all programs and supports that are offered by CMHA in Prince County, he also facilitates many presentations on an assortment of mental health related topics such as Stress and Mental Wellness and Maintaining Mental Health.

**Workshops begin promptly at the indicated time. Please arrive early enough to be settled and ready to learn!**



# Policies and Procedures Session with Eddie LeMoine

October 21<sup>st</sup>, 2020  
9:30-11:00 am  
Online

This session will be a tailored training session, directly impacted and created from the work we do in his inaugural training session, as well as the ECDAs work with the Supervisor's Network Session.

Together with Eddie LeMoine we will bring together supervisors in a smaller group setting to improve their policies and practice, creating a more modernized HR manual. Directors will be encouraged to have deeper conversations and to delve into their own policies and procedures and create a strong congruency between policies and practices, making changes where need be.



Eddie LeMoine is a Canadian-born best-selling author, award-winning speaker, seminar leader and corporate trainer. He is a sought-after resource for both government and corporate clients. Eddie's unprecedented success is based on his powerful ability to close the gap between business results and personal development. He inspires greatness by awakening the talent in each individual.

Not only a successful professional speaker, his career experience as a seasoned business executive quickly builds credibility for his topics as he can personally relate business success stories and lessons learned throughout his 35 plus years of experience.

Stay tuned: Registration format to be determined!



# Big Body Play: Why Something So Scary is So Good For Children with Frances Carlson

October 21st, 2020

6:30 – 8:30 pm

Online

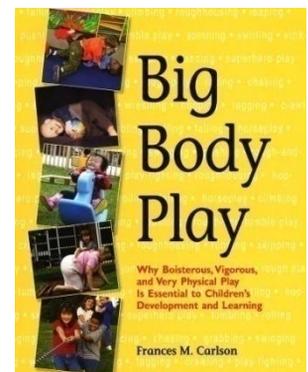
Roughhousing, rough and tumble play, play fighting, horseplay...we have different names for it but all early childhood teachers have seen it: that bone-jarring, boisterous, often frightening play style young children seem to love, and crave. Join this webinar to learn the top reasons why young children need to play this way and how it supports every aspect of healthy development. Learn what policies and procedures help support Big Body Play in group care, as well as how to prepare for and supervise it both indoors and outside. Learn how to document the effectiveness of Big Body Play and share its importance with families.

Participants in this session will learn to:

1. Increase awareness of the role Big Body Play in young children's healthy development.
2. Implement policies that will help support Big Body Play in group care settings.
3. Prepare environments both indoors and outdoors that support Big Body Play.
4. Demonstrate appropriate and supportive supervision while children play this way.

**Frances Carlson** has a bachelor's degree in English from North Georgia College and a master's degree in early childhood education from Concordia University. She currently works as an Associate Dean at Chattahoochee Technical College in metro Atlanta, Georgia. She has worked as the center administrator for child care programs in Oklahoma, Italy, and in Atlanta, Georgia. She has led four child care programs through the NAEYC Accreditation process.

Prior to becoming a college administrator, she taught early childhood education in an associate degree program at Chattahoochee Technical College, and was recognized for excellence in teaching by the National Institute for Staff and Organizational Development (NISOD) and by the Lighthouse Institute. She authored the NAEYC books, *Essential Touch: Meeting the Needs of Young Children* (2006) and *Big Body Play* (2011), and directed and produced the DVD, *Expect Male Involvement: Recruiting & Retaining Men in ECE* (2009) and *Afternoon with the Experts: Gartrell on Guidance* (2013).



November 9<sup>th</sup>, 10<sup>th</sup>  
November 12<sup>th</sup> and 13<sup>th</sup>, 2020  
Across the Island

In the absence of the ability to gather together for a keynote, we are excited to announce two virtual keynotes leading up to the Fall Conference. These will be the evening of the 9<sup>th</sup> and 10<sup>th</sup>.

Eddie LeMoine will kick things off with his inspirational keynote “Bring about What You Think About” and Ben Kingston- Hughes will present “We are all Heroes”, which looks at the power of the ECE to change a child’s life.

We will have some fun contests and prizes to kick things off, so keep your eyes peeled for more information!



## Fall Conference Debrief



Often we can leave workshops with more questions than answers. We've gotten feedback from members that debrief sessions after a conference is valuable to the professional development process. This open-door meeting is a great opportunity to hear varied perspectives from your peers, share what you liked and what you didn't at the Fall Conference, as well as give feedback that will help shape future conferences.

Stay tuned for an announcement, as this will be held in Charlottetown and Summerside in the weeks following the conference.

# Finding the Fun: Looking at How Indoor and Outdoor Play Helps to Develop Self-Regulation and Executive Function Skills for Babies and Beyond. -Jennifer Neill

November, 24<sup>th</sup> 2020

6:30 – 8:30 pm

Location TBD

During the first seven years of life, the focus of development is on receiving, integrating and processing sensory information through active exploration of objects in the environment and rich movement experiences. This session will discuss what developmental red flags to look for and how we can create optimal learning with indoor and outdoor play for the infant through to the pre-school age child.

Jennifer Neill, OT Reg (PEI) is an Occupational Therapist who graduated with a Master's Degree in Science, Occupational Therapy from McMaster University in 2006. Her professional career began to focus on children 13 years ago in Fredericton, New Brunswick as a school therapist. Jen moved back to PEI in 2015 and joined the pre-school program in Queens Region, spending four years there before starting her own practice. She now divides her time between working with community members on Lennox Island First Nation, and seeing PEI clients of all ages through her private practice. Jen enjoys working with children in various settings while working collaboratively with all team members to best support the child in their environment. She strongly believes in the importance of early childhood development for laying the foundation for lifelong learning.



## Resource Library

The ECDA Resource Library has a great selection of books on various Early Childhood topics including some new ones that have just arrived! The full catalogue of available resources is on the ECDA website, where members are able to search for, read about, check the status of, and request to loan any item from their computer or cell phone--

<http://www.ecdaofpei.ca/educators/library/list.php>

The library also provides ECDA members with a poster-sized laminator, a full colour printer/copier, tools and supplies, audio books, and videos for lending.

If you would like to visit the ECDA Resource Library outside of regular business hours, please feel free to call us at (902) 368-1879 to book an evening or Saturday appointment!



**Did you know we will mail resources from our library directly to you? Contact us for details!**

# Thinking about Thinking with Teacher Tom

December 3rd 2020

6:30 – 8:00 pm

Online

As educators we are in the business of learning, knowledge, and intelligence, each of which is a key component of thinking. Yet how much do we actually think about the process of thinking, especially as it pertains to young children? In this presentation, Teacher Tom uses a mixture of anecdotes, data, and provocative questions to take a look at the history and purpose of education and specifically at the process of thinking.

He provides a framework for observing how children think under various circumstances, for discussing how we can create environments conducive to thinking, and for examining the role of teachers in a play-based (self-directed) curriculum. Participants will be invited to think deeply about their own thinking, to consider how and why we must be 'researchers' in the classroom, and to learn right alongside the children.



Tom “Teacher Tom” Hobson is a preschool teacher, writer, speaker, artist, and author. He is best known, however, for his namesake blog Teacher Tom’s Blog, <http://teachertombsblog.blogspot.com/>, where he has posted daily for nearly a decade, chronicling the life and times of his little preschool in the rain-soaked Pacific Northwest corner of the US.

For the past two decades Teacher Tom was the sole employee of the Woodland Park Cooperative School, a parent-owned and operated school knit together by Teacher Tom’s democratic, progressive play-based pedagogy. The children come to the school as two-year-olds in diapers and leave as “sophisticated” six-year-olds ready for the larger world. Teacher Tom came into teaching through the back door, so to speak, having enrolled his own child in a cooperative preschool, where he began working daily in his daughter’s classroom as an assistant teacher under the tutelage of veteran educators, although he’ll be the first to tell you that most of what he learned came from the children themselves. When it was time for his daughter to move on, he “stayed behind,” where he plans to remain for the rest of his life.

During his holidays and long weekends, Tom travels around the world (Greece, Iceland, Australia, China, Vietnam, New Zealand, Canada, UK, and across the US) sharing his views on early childhood education, play, and pedagogy. He recently authored his first book, aptly named Teacher Tom’s First Book: Teaching and Learning from Preschoolers <http://www.teachertomsfirstbook.com/book.html>.

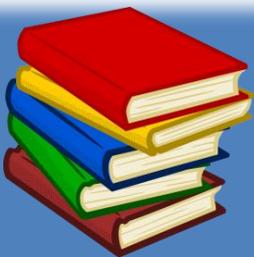
December 9th 2020

6:30 – 8:00 pm

Location TBD

Le trouble du spectre autistique (TSA) est diagnostiqué à un rythme croissant à l'Île-du-Prince-Édouard (1 sur 59 à partir de 2015), et il est de plus en plus probable que les éducateurs de la petite enfance auront éventuellement un enfant touché par les TSA dans leur classe. Cette présentation portera sur les principaux domaines de développement touchés par les TSA (communication sociale et comportements répétitifs ou restrictifs). Il donnera également un aperçu de l'analyse appliquée du comportement (ABA), l'intervention la plus efficace pour les enfants atteints de TSA. Enfin, la présentation décrira le programme d'intervention comportementale intensive (IBI) de l'Île-du-Prince-Édouard et la façon dont il est conçu pour aider les enfants de l'île à acquérir des compétences fonctionnelles au cours de leurs années préscolaires.

Chanelle Maclsaac est travailleuse bilingue de soutien à l'autisme pour le ministère de l'Éducation et de l'Apprentissage continu. Avant cette affectation, Mme Maclsaac a été une Assistante en éducation à Glen Stewart pendant 3 ans ainsi qu'une assistante en autisme à Campus Kids. Chanelle est née et a grandi à l'Île-du-Prince-Édouard et a fréquenté l'École François-Buote. Chanelle est diplômée du programme de services à la personne du Holland College et est inscrite au programme d'analyse du comportement appliqué à l'Université du Nouveau-Brunswick et travaille à l'obtention d'un diplôme en psychologie de l'Université de l'Île-du-Prince-Édouard, dans l'espoir de continuer à développer ses connaissances et ses compétences en ce qui concerne les besoins spéciaux, en particulier les troubles du spectre autistique. Chanelle a également été entraîneuse de l'équipe olympique spéciale de natation pendant 5 ans et a été choisie pour participer à la conférence des Olympiques spéciaux pour les jeunes du Canada en 2015 à Calgary.



Did you know... If you cannot come during office hours, call 902-368-1866 to book a time and we will gladly open up the library for you at a time convenient for you.

## Fall 2020 Professional Development Workshops Policies and Notes

- Please note each session has a minimum and maximum participant number in order to move forward.
- Registration will open one month in advance. Register early to ensure your space, and so the session is not in jeopardy of being cancelled.
- All events described in this booklet are subject to change.
- Registration deadline is one week prior to an event unless otherwise indicated
- Your registration for a session will not be processed until payment is received.
- If a workshop is cancelled due to weather or unforeseen circumstances, registrants will be notified via email.

