



## Handle with Care – Mid-Point Survey

Date: \_\_\_\_\_

Name of Facilitator(s): \_\_\_\_\_

1. I am enjoying the Handle with Care program.

\_\_\_\_\_ Yes          \_\_\_\_\_ Somewhat          \_\_\_\_\_ No

2. The sessions are well organized.

\_\_\_\_\_ Yes          \_\_\_\_\_ Somewhat          \_\_\_\_\_ No

3. I feel comfortable taking part in the sessions.

\_\_\_\_\_ Yes          \_\_\_\_\_ Somewhat          \_\_\_\_\_ No

4. The information is presented in a way that is easy to understand.

\_\_\_\_\_ Yes          \_\_\_\_\_ Somewhat          \_\_\_\_\_ No

5. I have plenty of chances to ask questions and share comments.

\_\_\_\_\_ Yes          \_\_\_\_\_ Somewhat          \_\_\_\_\_ No

6. I have plenty of chances to practice using what I learn.

\_\_\_\_\_ Yes          \_\_\_\_\_ Somewhat          \_\_\_\_\_ No

7. I learned why building trust is so important for both parents and children.

\_\_\_\_\_ Yes          \_\_\_\_\_ Somewhat          \_\_\_\_\_ No

8. I learned what a trusting relationship looks like for both parents and children.

\_\_\_\_\_ Yes          \_\_\_\_\_ Somewhat          \_\_\_\_\_ No

9. I learned why self-esteem is so important.

\_\_\_\_\_ Yes          \_\_\_\_\_ Somewhat          \_\_\_\_\_ No



10. I learned what healthy self-esteem looks like.

Yes  Somewhat  No

11. I learned about the important components of self-esteem – e.g., sense that we are all unique, unconditional love from self and others, etc.

Yes  Somewhat  No

12. I used the activities I learned during the sessions at home with my children/family.

Yes  Some of the time  No

13. I identify as:

Female  Male  Gender-Diverse  Prefer not to say

14. I am here as a:

Parent  Caregiver/guardian  
 Stepparent  Early Childhood Educator  
 Grandparent  Other \_\_\_\_\_

15. I reside in:

Eastern Kings County  East Prince County  
 Southern Kings County  West Prince County  
 Queens County  Other \_\_\_\_\_

16. How did you learn about the program?

Family/friend  Media – e.g., radio, Facebook, website, TV, etc.  
 Early Learning Centre  Other organization – e.g., Canadian Mental Health Association, NCPEI, etc.  
 Medical service provider  Association, NCPEI, etc.  
 Family Resource Centre  Other \_\_\_\_\_

17. Please share any other thoughts or suggestions to improve the program.

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